

### DADA UPANISHAD

By Harvey Freeman

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### INTRODUCTION

When the Supreme feels to bring the message of Truth to the world, He simply takes birth in a mortal body.

At the dawning of the twentieth century in a place called East Bengal, presently Bangladesh, a child was born.

The Divine child was a boy named Amiya Roy Chowdhury. At his birth, the Fragrance emitting from His body was proof to them of the child's Divine Nature.

His mother and father both had revelations that the Divine Himself would be born to them. His family was landowners of considerable wealth, education and social position.

From His earliest childhood He knew and spoke only of the Oneness. He would not and could not be attracted or distracted by the toys and glitter of worldly things. The first six years of His life were marked with many mysterious happenings attributed to Him. He was loved by all for His physical beauty, radiance and charming nature.

Famous saints, gurus and scholars were attracted to visit His parent's home. They were astounded at little Amiya's knowledge of Scriptures and they could only bow down before Him as he revealed the Truth of the Eternal Oneness of humanity.

At the age of seven, Amiya left the home of His parents to wander in the jungles and the forests of the Himalayas. He wandered not as a seeker after Truth, but to tell the so-called holy people, gurus, babas, Sadhus and sanyasins, the truth of Truths. He spoke as if He were the Supreme Authority of the Universe, telling that God and Love were not to be found in the practice of austerities, sitting in caves, building temples, maths, and ashrams or by renouncing and denouncing God's creation.

After years had gone by, Amiya would return to His parent's home for a short while and then be gone again. His mother suffered greatly as later did His wife as He wandered about speaking of Truth.

For the next sixty years He acted out many roles in the play of life. He was author, director and star. Often He was seen simultaneously in different places as a holy man in temples and mosques; as a famous singer of devotional songs on All India Radio; as a banker, businessman, Sanskrit scholar and miracle man of Calcutta.

In the year 1967, after experiencing the play of the world for those many years, He announced Himself as Dadaji (respected elder brother).

Immediately, Dadaji claimed that a person could never be guru or Bhagawan. He made His life as close to our likeness and image as possible. He had a wife, children, a house, and a business.

Great scholars and scientists of both the east and the west were drawn to Dadaji. Hearing His radical interpretation of the scriptures, some were shocked, others amazed. His light made some flee, not being able to accept, but at the same time being unable to deny, they fled back into the dark ignorance of their superstitions. Most bowed down before Dadaji in the Light of Truth.

All forms of miracles, healing, manifestations and materializations were witnessed and recorded for posterity.

Dadaji's Divine Fragrance was simultaneously experienced around the world. His Fragrance is sure witness to the fact that Dadaji is beyond comprehension of mortal minds to explain Him, understand Him or His manifestations.

He then moved about the world for many years at His own expense --- always defying the formation of any organization, ashram or temple in His name. Constantly Dadaji said the whole world is His ashram, the body itself is His temple, why the need for collecting money to build churches and organizations.

There are many levels of and different schools of philosophy, theology, and psychology. There is only one Truth, Dadaji tells, The Whole Truth and nothing but the Truth.

Hearing Dadaji is being reminded of the most important thing we have forgotten at birth, the Key to Life and Love itself. He is for-giving, we are for-getting. He is both personal and impersonal. When Dadaji speaks it is not as one who has studied formally. Taking the subject of Art, for example, He has no worldly education or credentials. He speaks not as the artist, but as the One who created the art and the artist.

This DADA UPANISAD is for those few who are ready to hear and feel the Truth. By His Divine wish and the Supreme Authority, this writing comes after many years, or as Dadaji says, many lifetimes, sitting at His feet. The first time I entered his bedroom in Calcutta, Dadaji was reclining. He sat upright, opened His arms, embraced and kissed me. His Fragrance bathed my being. I felt the greatest joy of life, like a mother feels at seeing her firstborn. I felt both being born and having given birth to myself in His presence.

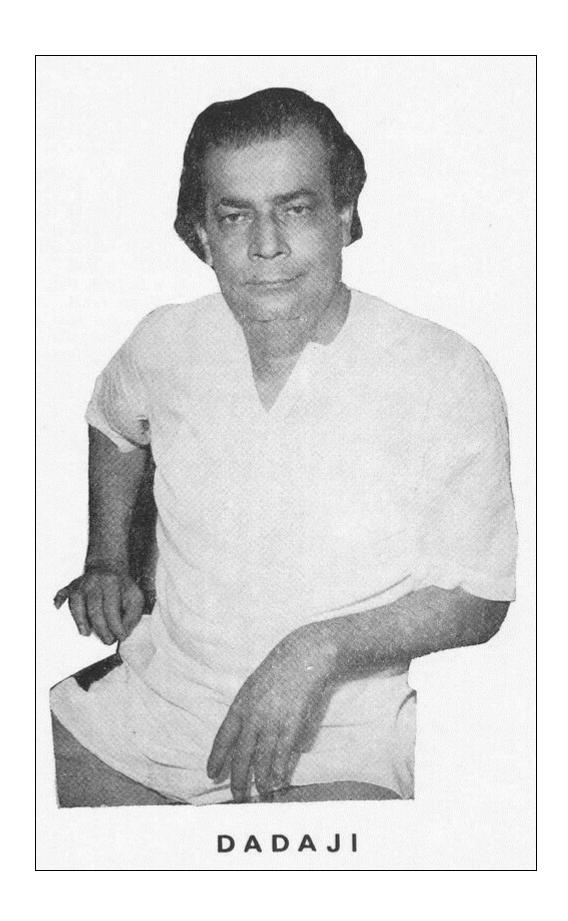
In his regal and majestic simplicity, Dadaji looked like a God. No words were spoken. I felt His Love embracing my heart and Mahanam became revealed to me. I continue sitting at His feet eternally.

As in the tradition of the Upanisads, the writer is irrelevant. The only relevance is that Dadaji and His words of Truth be remembered as the guide for the present and future generations of lovers of Truth.

Harvey Freeman



Harvey Freeman 1985 Bhavnagar, India



#### DADA UPANISHAD

1. Who is Dadaji? No need to know who He is. It is impossible to know who He is. At the same time, you are always in mind, Dadaji is beyond mind.

That is why, what you call a miracle is possible. Spirit is swifter than mind, while standing still.

Dadaji has come to establish Truth, to make you aware of the Mahanam within the heart region. This Mahanam (greatest name, word, Truth itself) can never be a mantra. Mantras are mind function. This is Guru business of selling mantras, of whispering in the ear sacred words. This is humbugism.

Mahanam cannot be defined or chanted. The Supreme Absolute is chanting Mahanam 24 hours a day within you. When you think you are chanting, the Supreme is chanting. You cannot possibly remember 24 hours a day. Al you can remember is that He never forgets. How is it possible for Him to forget Himself?

- GOPAL GOVINDA

2. In the past, Truth was made into stories. From the stories came doll and idol worship. It became a money business, an entertainment, cinemas, plays and books, pictures of deities on calendars. The Truth has been forgotten and the stories go on. No one knows anything about what the stories really mean.

They are writing about what Krishna said, what Jesus meant. Did they talk with Krishna or Jesus? Then how can they write about them? They write for their own reasons, not for the purpose of Truth.

No more stories.

3. With the mind, it is not possible to comprehend the supreme. By Grace, sometimes you can have a glimpse. Once you have seen, not with this physical eye, even then your mind wants to reject what is been witness to.

Dadaji never utters the words I am Guru, I am Bhagwan, I am Yogi, this, that. It is not possible for a person, this body, this brain to be God. This body comes and in a few days goes. The Supreme, neither comes nor goes.

He is everything, so do not let your mind be confused if Dadaji says He or She. Actually everything is She. All nature is female. The entire creation is from the Divine Mother. The seed is from the Father. Father and Mother in essence are one. This is not a question of man or woman. I mat Satyanarayan, Lord, God, Goddess, Supreme or Absolute, when I refer to Truth.

4. Dadaji has not come for the purpose of temples or ashrams or churches or religion. All religion is superstition. Truth is one

Truth is not an idea or a philosophy. Churches, religions and gurus are much easier to follow than Truth. The most difficult and yet most joyful thing to face is Truth. You build churches in your own image, for your own business and pleasure, not for Him.

Your belief, what you believe is always changing, so how can you trust it. Truth never changes.

Dadaji has come to deliver the message of Truth through a few select Souls. That is all that is necessary to continue creation.

Many are called, few are chosen. Very few in each age can come to Him.

5. Many persons say they are seeking a higher purpose in life. Some seek a path to enlightenment or realization, or they say, "I want peace, love, truth, God."

Knowing or unknowingly, they are not being honest. They are not telling little white lies of everyday life, but the lie of hypocrisy. What it comes down to is, mostly everyone wants more money, healing, better social and domestic life, or blessings for everything and every purpose you can imagine.

What happens then is this – along come truth merchants, the dollar yogis, costumed and packaged in the most appealing fashion.

You ask for God, for Truth, but really seek fame, health and fortune. The gurus, priests and ministers of the mind promise you salvation, realization and success. They offer an exclusive way to God for a price. They too are deceiving, for they desire money, power and fame.

Remember action and re-action, like attracts like, birds of a feather flock together. You can only be cheated if you yourself are a cheat.

Dadaji never promises you anything. Never offers methods and techniques or takes money to give you what you already have. When you know He is within you, then you have everything. When you don't know this Mahanam, you can be the richest in the world and still be impoverished. Actually, everyone, even worldly gurus, have a higher need, but mistake God for worldly accomplishments.

6. Most come to Dadaji with confusion. So many questions. "From where have I come? Why am I here? What shall I do? Where shall I go? Why am I sick? Why am I poor? Why am I unhappy? Should I leave him? Should I leave her?

No need to do anything, to be anything or get anything.

You are full of expectation, self-importance and self-impotence.

Dadaji tells you to practice Satya Yoga – the Yoga of Truth: Remember Him. God loves you always. You are not this body. Do your duty. Enjoy His creation. You are only here for a few days.

No methods, no wrestling with mind, meditation, kundalini, pranayama. No "I'm doing". All these things are full of ego.

First thing in the morning, listen to Him chanting within. Last thing at night, listen to Him chanting within: Gopal Govinda, Gopal Govinda

7. When you have seen the greater, why cling to anything or anyone less? When you touch the whole, why accept the partial?

Give up the thought of I-ness for His Highness.

Bhakta-Bhakti-Bhagavan, (the devotee, the devotion and the Lord) are three in one.

Try not to understand Try not to misunderstand Both are ignorance Take refuge in Mahanam.

8. Some people are dissatisfied with the quality of life. They want more than the fleeting sensual pleasure. They seek that which they have heard brings joy and bliss.

Others want more sensual pleasure and worldly success, thinking this will satisfy their constant hunger.

Still others feel an urging from within for something beyond, a desire for desirelessness.

All life is wishing and wanting – what is the need – why worry – all life is destiny – man can do nothing.

Do not try to understand with the mind, that which is beyond mind. You can't see the Light of Lights with the physical eye. A non-believer says "I was Lucky. I was clever, I fooled them", when success comes. There isn't any luck, there is only facing up to your destiny. The lover of Truth says "it is His Will, His Grace".

Your Dadaji has come to reveal the God of Truth to you. Hew does not compel you to come at this time, but in time you must come. Why tarry, come live in His Fragrance.

- 9. One very great devotee of Truth, a very simple, very rich but innocent man wants to build an Ashram in Dadaji's name for the purpose of Truth. How is it possible? It will need a bank balance, directors, it will become a business. Do not make a business out of God.
  - 10. Dadaji, you ask, why does God permit suffering, war, disease and poverty.

Who is suffering, who is killing, and who is being killed? It is all He. Everyone who has come in a body must eventually leave the body. Some leave with His Mahanam in peace after a few years, some stay for a hundred years, still fighting, and no peace.

Even your Dadaji has suffered greatly for the purpose of Truth. Like Christ. At the same time, the suffering is something beautiful. He is with you always. You are his temple, take care of the temple, feed it properly, exercise it properly, and don't abuse it. One place is not holier than another; one person is not holier than another. Be natural, try to love God. Do not worry. You are not the doer. Do not be addicted to the suffering or the pleasure.

11. When there was only the One, there was no beyond. The One was formless. In the One rose Prem – Love. This was the seed from which all creation sprang up. This seed was the vibration, the sound of Mahanam.

This Mahanam manifested as the universe itself. This was the connection between being and non-being, between the manifest and the un-manifest, between the Absolute and the relative.

This was the Truth the Sages of old heard in their hearts. The trouble started when they translated it by mind and mouth. It created a separation and religion was born.

Who knows whether or not the Universe was created or un-created. No need to know. He knows, if He wants you to know then it will be made clear. Some will accept some will deny.

Religions are a business. They constantly struggle against the Spirit of Truth, using scriptures as a sword. Every religion hates every other religion or is just tolerant of their brothers and sisters. Tolerance means that even though the other is wrong, they forgive them for not seeing it their way.

Most prayers are for riches. Why do you pray for your will? What about His Will? To whom are you praying? Your prayers themselves say He is within, He knows, He sees, He feels. Religion is of the past. Tradition is dead, stop living with the dead. Let go of your petty deities and idols. See Him everywhere, in everyone, in everything. God can never be exclusive. He is always inclusive.

12. After listening to Dadaji, you say "Yes Dada, but", "I believe Dada, but". What I tell is Truth, if you cannot hear it at the moment, Dada says, do it your own way. Then you will feel something. Always you will return and say "you were right Dada; I could have saved myself so much trouble, had I but listened to you."

"Dada, I did it for my mother, my wife, my child", you say. What is family? He alone is your mother, father, friend, lover, your wisdom, your riches, and your teacher. He will never leave you. How can He, when He can not be separated. How many of you have suffered denial and separation from parents, or children, or husband, wife, friend. This is human behavior of the mind.

Those who live with you in Mahanam, those are your brothers and sisters, mothers and fathers. All mankind is one family.

Love cannot be defined other than a feeling, without reason. This way there is no chance of the Love going away when the reason goes away. This is how He loves you, try to love Him.

Those who love do not argue about it. Those who argue about it do not love.

13. Mind and the feeling of attachment "this is my family" are necessary to do your duty, to complete your work, your Karma. Doing your duty, work itself is devotion.

This bodily life is the most important time to come to Truth. Only in this life can you know Truth and Love. Eventually all must eat the fruit to know its taste. This is His Will.

14. What is the Absolute, Dadaji? Dadaji is silent, then speaks, Absolute is silence, but silence does not mean being quiet or without sound. The Absolute is not this not that, also at the same time, Absolute is this and also that.

Absolute is both neti neti (not that-not that) and Tat Tvam Asi (That, Thou, Art). Absolute is the Light of Lights from which the sun, the lightning, the fire take illumination.

Absolute is even beyond being and non-being. It is to be and not to be; It is invisible and can't be seen. It is also visible. It is near. It is far. At the same time, It is moving and not moving. The lightest, the darkest, the Absolute is vision and the end of vision.

15. Dadaji is asking you, was Jesus and Krishna and all those you call masters, mad or interested in becoming rich and having organizations? If you think so, then there is no reason to go further. If they were not mad then what were they saying and how does it apply in your life? You must ask yourself, "am I satisfied with my life or am I unhappy enough to want it to change? Then what is it that I want to change?" Is the problem that life is not the way you think it should be? If it becomes changed, will you feel joy then?

Both joy and pleasure are attractive. The path of joy is permanent and there are few, if any more whys in your mind. The path of pleasure is fleeting, never satisfied and full of whys. It is not for the wise.

Remember, not all the poor and uneducated are miserable or unhappy with their lot in life. They may be the richest in Love and Truth. Also, remember that all of the rich and educated are not miserable or unhappy with their lot in life. If you feel something for what Dadaji has revealed in you, trust what He prescribes as the remedy for all your ailments. If it doesn't work after some time, you can try to forget Him. He will never forget you. Above all be patient. Destiny must be borne with patience born in His remembrance.

16. What is the story of Bhagavad Gita? Does anyone know? It is not a story. The blind king is not a king, Kurukshetra is not a place. The war is not a war. War was fought differently in those days. The rules were not as today. A soldier on an elephant could not attack a foot soldier. No man could be attacked while running away. No one could be killed who had lost his weapons. Armies stopped fighting at night and even visited each other's camps.

Let us see, what is meant. Two armies related by blood are at war. The Higher Power Krishna is driving the chariot and has said He will not fight, but says "I will accompany you." Arjuna, the warrior says "drive me to the middle of the battlefield, so I can see both sides of the picture." Then he says "my God, am I about to kill those I love so dearly." He exclaims "I will not fight" and throws down his weapon.

Then Krishna, the guide, the God of Truth, explains about this problem and all other problems of life. He tells of the meaning of life, its purpose on earth, how one must do their duty and what the conclusion must be. After this, Arjuna has changed his mind, he is ready to fight and the battle begins. This is not a battle, but the Highest Truth.

Arjuna is warrior by birth and profession; it is his duty to fight. So today the Hare Krishna people are arming themselves, saying Krishna told us, we must fight. They are fools. What is Arjuna fighting? At first he wants he wants to do his duty, and then he is confused and sees the horror.

Finally Krishna tells that you are always fighting against the mind and senses which separate you from Me. That is the relative, what you are related to and consider yours. The only Reality is the Indwelling Godhead. This body is simply an appearance. Its birth, death are an illusion. Any talk at killing or being killed is meaningless. All that can be killed is ignorance. Some so called Gurus have taken guns these days. Did Jesus or Nanak carry guns? Does Truth need defending?

Some say this Atman (Indwelling God) is slain, and others call It the slayer.

They know nothing. How can It slay or who shall slay It?

You must do your duty as it has been assigned to you to come fully to Him. It can be done as a warrior, a scientist, a laborer. When you are touched by the Oneness, you will be released from the delusion of I am the doer. Know Thy self and you will know the One.

17. Fear and desire bind you to the mind. Desire for a certain result and fear that it will not be obtained. This creates the destiny and forces you into a particular behavior. He is patient. He permits us to call him evil, make wars in His name. He is also suffering. Only He is perfect. The mind is His creation for His play. It is subject to the law of Karma. He is the law of Karma itself, which permits all things in the realm of appearance to take place.

To act without fear and desire, not bound by the action, this sounds as if without love, without feeling. It is not so. Only then does all work become equal and self-importance is gone.

What is good to you today may be bad tomorrow. This Highest Truth is your duty. That is to love Him no matter what. Worldly duties are many, you may be a father, a son, a teacher, do these to the best of your ability. He is always with you. Don't judge others and try to understand their duty. No one, no thing, can be separated, this is Relativity. I am with you always.

"The Lord is everywhere
And always perfect,
What does He care for man's evil
Or man's righteousness."

18. Do not try to analyze and dissect Truth. Mind is limited and cannot realize Truth through the intellect. Dissection is destruction. Call it what you may, Energy, Atoms, Space, Cosmic Force, Light, Vibration. It is all He.

It is not where the thought comes from, we should know; we should know who the thinker is. Remember, if you are not satisfied with the effect, the reaction in your life; don't change the cause or the action. Instead take His name. Say Ram-Ram and go on with your work. No positive thinking, no negative thinking. Think of Him, listen to His Mahanam. Try not to understand, just do it. When you see a child drowning, do you stop and think, my clothes will get wet, perhaps I will drown, and maybe the water is cold? No, you jump in and try to save that which is even more precious than your own life.

He, without hands, holds all things and does all the work; He, without eyes, sees all things; He, without ears, hears all things; He without mind knows all things; But, no one knows Him Save, by His Grace.

19. This Truth you seek cannot be accomplished. Through self-centered techniques. These will keep you in the darkness. My pleasure, my realization, my spirituality, my, my, my, Oh my, Oh my, .... When will you come out of the darkness of the mine, of the mind? You ask Dadaji for an answer, when you don't know the question. Dadaji doesn't answer, at least to your satisfaction. It was not a valid question. A loving person is the Highest Creation of God; Love and patience are the only answer.

20. Meditation, what do you mean by that? Meditation today is itself against His Will. It is a constant wrestling with a denial of His Creation.

The nature of the mind is restless. Like the ocean, it's tides and waves. You want to make it a still lake. In its natural way the mind helps to live life, do our duty and remember Him, not by sitting in holy clothes, chanting, trying to be holy, when actually you are full of ego. You will become religiously overweight. Trying to still the mind for what purpose? Can you stop the waves from crashing on the shore, by yelling at them, or by throwing yourself into them or by being drowned by them?

No, life is a meditation itself, not some technique of communication with Him or with your Self. He is always in communion with you.

21. Who denies Him, denies themselves. Who affirm Him, affirm themselves. Do not be concerned for those who do not believe in Truth. Truth believes in them.

A few messengers of Truth have taken human form. You bow down before the messenger and forget the message: instead you should bow down before the message of Truth, not a person.

At the time of birth, Guru accompanies with the body. Mahanam itself is the Guru. Your Father is Satyanarayan (Truth, as the Holder of the Creation). If I am Guru, then everybody is also Guru. Dadaji never claims to be Guru. When the vital spirit (Pran) leaves the body, it means the Guru, the Mahanam, separates from it. The mind then remains with Mahanam until they together take another body. It would not be possible to do your duty in the new form if you remembered the past life experiences. You would be confused. So, by His Grace, that is all blocked out, except for sometimes a strong feeling for a place or a person that you cannot explain with the mind.

Once aware of the Spirit, when you know Him, when the mind and heart are one in Him, all births will be a life of self-sacrifice.

22. What do I mean by self-sacrifice? Not giving up things of feeding people or being a missionary, not suffering for others and becoming a saint.

It means finally to understand that the life of the body is not the only life. The life of the earth is not the only life. There is a higher life hidden within us.

Then you are free, that's what is meant by being born again, into immortality. That is self-sacrifice, going from the selfish to the unselfish. It means that life is no longer confined to your personal needs alone, but finds the infinite soul of the Atman, the Spirit, in all. It also means you can never accept nor do you crave power, position, wealth, name or fame in the name of God. Dadaji is offered all these, but what is the need.

To give up comforts, to dent and renounce the world is not sacrifice. That is giving up by mind, for a selfish purpose. There is no value in this.

The Universe was created in Sacrifice. He gave Himself so that you could be. This is the creation. Dadaji has no choice but to sacrifice his personal comforts for the purpose of Truth. Those only who sacrifice all ownership can know Him. He, who holds you so dearly in Love, is always joyous even in what appears to be worldly suffering and death.

23. Those who rely on miracles or experiment with psychic powers are they going to find Him. Is their work of Love, or is it a work they love, a work of pride and self-satisfaction? Of what use is there in unlocking the secrets of the Universe, will they then become the Creator? It is nonsense; no one knows what they are looking for.

Life itself is the miracle of miracles. They think they are the physical body, so they want to turn the Spirit into something they can recognize with this eye, to prove they exist.

He is therefore you are.

They make deities, statues, dolls, idols in so many forms. Some like people some like animals. They make the God of Wind, of Fire, of Prosperity, of Love, of War. These Gods themselves have no power, only He has the power.

The scientist looks in his microscope for Truth.

The mystic looks for Truth in meditation.

The archaeologist looks in the mind for Truth.

The archaeologist digs under the earth for Truth.

The astrologers and astronomers look to the Stars and Planets for Truth.

Everyone is blind. They are looking into time and space for Him. He is beyond time and space. Truth is everything, not one particular thing.

24. What is time? Where is time? Once there is only now. No present, no future. If there is a future, that hasn't happened yet, how can anyone say what will happen. Time and space are mental constructions of measurement. He is beyond this framework.

There is no here and no there for Him. Someone asked where does the soul go when it leaves the body? Why is it necessary to go anywhere? Where is there to go? Can it go to heaven or to hell? Are these places? No, do not worry about these things.

Prakriti, Nature itself constantly changes, so the form of the messenger of Truth and of the message itself must change.

Dadaji has come once again to lead you out of the darkness of superstition.

25. Who can claim God or Truth as their own property? Which religion is correct? Can anyone claim the Sun or live on the Sun? Who does it belong to, this life giver and nourisher of the Earth and whole Solar System? Does it belong to the USA, USSR, India, or China? Jews, Christians, Buddhists, Hindus, Muslims? Some even claim the Sun as theirs and worship it as the Supreme.

Many claim they have more Sun or better Sun.

The Sun belongs to no one. Did man create it?

Did it happen by accident? What fools you mortals be!

Within you is the Sun or as some call it the Son. Within you is the Light of the World.

26. Before you are liberated in Truth, you will one time think you are very good. Another time you will think you are very bad and then good again. Always it will feel like that; never in the middle. If you in the middle, you will say you are bored. Then you will be successful, then a failure.

Then you start to worry about the world rather than yourself. First you fight in the war, and then you fight against the war. Then you fight for all the causes, save the world, save the whales, stamp out poverty. You play at being God, but each day your mind and direction change.

Then you find the gurus, lamas, monks. Then you see your whole life has been a lie, an illusion constantly changing. You think you have been in heaven at times, in hell other times. Then He is ready for you. You say, "why me," a person like me doesn't deserve to be with Him. You realized you can do nothing.

Then Dadaji tells you, that is the very reason I have chosen you. Jai Ram.

27. From the Supreme white light has come all color and all form: the blue bird, the red rose, woman and man, both male and female, He created them.

Each one is two, the doer and the watcher. One feeds, the other is fed in silence. One is the creator, and the other the creation.

Why must you think it is always this or that? Why can't it be both this and that?

Of what use is the fruit if one doesn't know from where it comes?

Nature itself is Maya. God rules over this kingdom of Nature, giving and taking. There is greater beauty and splendor in a sunset than the greatest work of man's art.

28. If they ask you from where you have come? Tell them you have come from the Light, from the place where the Light was created.

When by His Grace you make the two, One, and when the inner as the outer and the outer as the inner, when above is as below and when you make the male and female into a single One, so that the male will not be male and the female not female..... Then shall you enter into the Kingdom of ONENESS. Whoever, knows much but fails to know their true self, lacks everything.

God is now-here, God is no-where, and God is every where. For the most part what you say to others, you say to yourself. What you do to others, you do

to yourself. Try not to give cause to others to do to you what you would not do to them. In reality you can do nothing. God is the sole doer.

29. Attachment is life, without attachment nothing would be done. However, do not be attached to the results. If it comes out this way, alright; if not, also all right.

Truth is Name. Repeat it long enough and you will be cleansed. Ram Ram. One man wants to make Dadaji known to the whole world, to print books in every language. He feels Dadaji is doing God's work. How can anyone do His work? He does His work. When the time comes for Dadaji and the message of Truth to be known to the world, He will let it be known.

Yes, you are correct when you say that the world needs this message of truth and Love more than ever.

No need to worry, all must end before it begins again. As long as you have Mahanam, that is more than enough.

30. Life is not a game of true or false. The question today may be false, the same question tomorrow may be true.

What is proper at one time and place may not be proper behavior at another time and place. This is why Dadaji, who sees what you call past, present and future, may tell different people different things. He may tell you one week to do this, another to do that. These are worldly matters. Remembering Him, Mahanam, trying to return His Love, that is what really matters.

31. The supreme Lord is ever present in the heart space of all beings. This is true nuclear power. Before the awareness of Truth dawns you must first see all that happens as if you are the doer and He is rewarding and punishing. Your ego will get so big, it will finally burst. Then you will start to feel something. He knows everything you are doing. It is His play. Sometimes a comedy, sometimes a tragedy.

When you don't know Truth, you feel helpless and helpless, no peace, full of grief when something happens that your money, your fame, your power cannot fix. Finally you must come to Him, for He is your Self, and bow down before Him and say "I can do nothing;" you can claim nothing as yours, family, wealth, even destiny. Then you will have the fortitude to face all experiences of life.

Then, Grace – if your destiny gives you beauty, riches, talent, fame, knowledge, they will not cause you to be arrogant and puffed up. The greatest wealth is the Mahanam – Gopal Govinda.

32. You can't find God, God finds you.

Who can see God? They see God, who sees God in themselves, as the same Godhood dwelling in all. Then you hurt not yourself by hurting others. You have gone beyond mind and ego; while in a mortal body you must have some ego, which too is His creation.

33. When Dadaji says enjoy His Creation, it is an invitation to enjoy His Love. In everything you do He is present then all is joyous. Once you realize this by His Grace, you will be able to bear the preordained compulsions of your mind with patience, without any repressions or suppression, freed from the obsessive duality of good and bad. Remember, He alone is the real doer – you are helpless without Him. So do your duties sincerely as they present themselves, remember Him and live your natural life as destined.

This body, though not the highest Truth, is yet the temple to be lovingly cared for by right living, natural diet, exercise and love. The awareness of what is right here dawns by the Grace of Mahanam.

34. The natural appetites that you have come with what are called senses. They are not evil tendencies. What is called evil or wild is a natural appetite overfed. It happens when human love becomes confused and frightened, not trusting enough of God's Love.

Do not by Force but by Love try to rule and control the senses. If you trust in Mahanam, He will guide you in respect to these great desires.

When you are alive to the Spirit, to His Love there will be no need to feed the senses but a little. When you are dead to His Love, the appetites can never be satisfied. You are dead to the Spirit and serve as a slave to the senses. Then you need so much sex, drugs, to prove that you are alive and enjoying life. But remember, without Him there is nothing whatever.

Real sex is something else. This is an inner communion. The lover and the beloved are in essence the Lord Himself.

With Him there is no need or greed. When feeling His Love, do you think if all the drugs were free you would have any need left to use them or give them to your children? What good is a feast when you are not hungry?

Pride, covetousness, lust, anger, gluttony, envy, and laziness are all human tendencies of self-respect, preservation, freedom, self-expression, communion, relaxation, gone haywire.

This is not the make up of a good person or an evil person. Are all not guilty at times of one or more of the above? There are persons who behave properly

sometimes and those that behave improperly sometimes. When you know better, you should do better. If you don't, then you simply are not ready. Do not worry, now that you have come to Him, all will be taken care of. Be patient.

35. The five senses are real; but as regarding

Sight, who is seeing? What is being seen? Touch, who is touching? What is being touched? Smell, who is smelling? What is being smelt? Taste, who is tasting? What is being tasted? Hearing, who is hearing? What is being heard?

He is looking, He is feeling, He is Fragrance, He is Flavor itself, He is listening, He alone loves you. Try to love Him Who is within.

36. Truth is infinite beyond mental grasp; but its expression is partly definable, partly beyond definition. The manifest can be defined, the unmanifested cannot be defined. Never is a full mental grasp of the Infinite possible that is why Dadaji gives you glimpses.

The paradox is that in the search for Truth, you are always hankering after more, the intensity increases, the thirst becomes unquenchable and in a twinkling of the eye, you feel Him and it is the greatest balm incredibly soothing to the soul. Paradoxes occur only in the mind created by Him for His play. Their resolution comes from Him alone.

- 37. Speaking to Dadaji is like speaking to a river or a rose or a bird in flight. It is a way of letting go the anger and hurt without having to guard every word and feeling. Take it out on Dadaji. He will be delighted with it and you will not be forced to argue loudly and get angry at others.
- 38. Dadaji has come for Truth, not for money, buildings and cars. At the same time, even Dadaji must do some worldly service to care for His family. Dadaji is not a great saint or banker; he is the proprietor of a small toy shop. You must pay back to Nature what you have taken.

Be careful, please, of those who claim to be God, or Guru, they are hypocrites, frauds and cheats of the worst kind. They are making some kind of money business from nothing. Their words go from false tongues to false ears. Puja, worship, to whom? True Satyanarayan Puja is that He is worshiping Himself within you twenty four hours per day. Dadaji has shown you proof that the food left before the image of Satyanarayan has been taken. He always tastes all the food. He is your life itself. When you know the Oneness, what sorrow can ever befall you?

39. All over the world everyone asks the same questions.

#### "Dadaji, what should I tell my son, he is a drug addict?"

"Everyone who drinks of the drugs of pleasure will thirst more and more. Those who drink from the nectar of Truth that I am bringing will thirst no more."

#### "Dadaji, what about terrorism"?

"Action and reaction, those that live by violence shall die by violence."

### "Dadaji, what can save the world from Communism"?

"Every person, every family, every house, every kingdom that is divided and separated from His Oneness cannot survive."

### "Dadaji, is it proper for the good to use violence to fight evil?"

"Who is good, who is evil? Those you call evil call themselves good. Blessed are those that feel and take God's Name; they are the peace makers."

### "Dadaji, what do you think of the world today?"

"I have not come to judge the world, but to establish Truth."

## "Dadaji, which government is God in favor of, surely not the Communists who don't believe in God?"

"God doesn't get touched by this government or that government. God resides in everyone and draws those that return His Love. You must obey the laws of some government you must live with. This is a temporary worldly affair. No matter what, no one can stop His Mahanam within – no need for churches and temples to pray in."

## "Dadaji, what about abortion? Why do so many women have abortions and yet the other day a woman refused an abortion to save her own life?"

"Everyone is subject to inexorable destiny either way. That woman who refused has great Love and Faith; and that was her destiny."

### "Dadaji, was it better in the olden days?"

"These days will also pass away, but the Truth I bring to you shall never pass away."

#### "Dadaji, what can we hope for in the world today, what looks promising?"

"No need to hope, I am with you, we cannot be separated even upon the destruction of the world."

40. There is nothing to give up and at the same time nothing to acquire.

Life will deliver everything that is coming to you. You simply do your duty. Use what you need. Don't try to force anything or anyone to do your bidding. Be at peace with your destiny. Karma is the law that action and reaction go together. The one that does what is called good becomes good and is rewarded with rebirth in a human form. One who does what is called evil becomes evil and is also rewarded with birth in the human form. When you realize by His Grace that not you but He is the real doer, then you are free from Karma.

To be in illusion is to be bound in desire for rewards: as in your desire, so is your faith the measure of it; as is your faith, so are your works; as is your work, so you become. In this way, proceeds the working of your destiny till you reach the end of your journey begun by your work on earth. The working out of Desire through cycles of births and deaths ends at the destined moment when constant awareness of Mahanam dawns on you by His Grace.

41. As to the one who is free from desire, this is Moksha (Liberation). Since Truth, since He is the desire, he is still of this life, still does work but creates no destiny and ... karma and becomes one with the Creator. When all the desires disappear, then a mortal becomes immortal, with no thought of death, and even in this body he is liberated.

Then a person's powers of life become One and, people say, he sees no more what we see, hears not what we hear, he thinks not as we think, his touch is not as our touch, he has a Fragrance we don't have, and he doesn't think as we do, but is beyond the mind.

Then a Light shines about him and this Light guides him and others away from the illusion of reality. All the powers of life follow him.

42. Dadaji has come for the purpose of opening your inner eye, to clear our inner ear. "I'm chanting in your heart, I'm giving you the Fragrance and the real Charanjal (water from the Feet of the Lord). I love you weather you love Me or not. I have come to see you when you are ready to love Me."

Do you believe me, or must you always have it proven to you. I told a man who wrote a book on Astrology, that it was inconsistent with the Truth. I asked him why he wrote it. He answered me that he makes sure all his students study his book. This is the only way they can come to find out that what he says doesn't work. Why not simply tell them, I asked him. He replied, when has telling ever been enough, let them try it.

Don't be nervous hankering after Truth. He is here, there and everywhere. He is you too. When your duties are finished, there will be no more the question of you and He.

43. Dadaji is not interested in crowds of people, for he is not in the gurubusiness. Besides, most people are not ready to know him. Most still measure life like an earnings-chart or by how much sex or property they have. Funny, some think they are victims of luck, circumstance, others think they have control over their destiny. Control your thought and you control your luck, they say. For those that believe in luck, the temples and churches exist. They can pray for better luck and give donations or do sacrifice.

These movements, religious sect, cults, societies tell everyone what they should or should not do. One says that to be near God you must be a vegetarian, another says no. One says cover your head in prayer, the other says to uncover it. They all advertise and need publicity. Truth needs no publicity.

As we near the end of this age, what do we see going on. Greedy Gurus and Swamis that should all be called Ego-ananda, Kundalini Karma-centering, courses in selflessness, or selfishness, courses in how to create the best in you by bringing out the worst in you. Psychologists, psychiatrists, psychotherapists, bisexuality as the way, homosexuality as the way, witches, tarot cards, astrology, spiritual massage, floating tanks, magic mantras, mandalas, only to mention a few businesses being done in the name of Truth.

Yes, Dadaji is laughing at all of this and warning you that you will be wasting your money and time plus becoming confused by all this mind function business.

44. Do you consider yourself above all others the judge of what is right and wrong. Then your pride will cause you to be blind to Him.

When the Truth merchants come before Dadaji they are stripped naked. They either run away, because if they stay they will be out of business, or they bow down before Him.

No one knows the meaning of relativity, revelation, revolution and repentance. What do crucifixion, resurrection, and confession mean? Dadaji never wants you to come before Him and say "Father, forgive me for I have sinned"; Dadaji can never give you a penance to do. Virtue and vice are a matter of the bipolar mind function, of no importance to Him.

Crucifixion is not nailing a man to a cross. It is two things. First, it is showing that Truth cannot be crucified by killing a body. Second thing is that each time we deny Truth we are hammering the nails into the message of truth. The

Scriptures are not for those that desire the fruit of action, but for those of the Spirit to understand.

45. In this life there are no such things as luxury. If you are destined to have much, alright, if you are destined to have little, alright, either way may seem as a blessing or a curse. The only treasure is knowing God is within, loving you always.

46. Those who can understand need no explanation. Those who don't understand will not be satisfied even on seeing with their own eyes. Dadaji has challenged the great scientists of the world to change weather. In their presence, with God's Will, the weather has changed back and forth. They could not even dare to attempt it. Many come as scientists before His Will and go away as devotees of the Supreme Absolute Truth.

When the time comes for change, it is the time of Hare Murare of Lord Krishna slaying the giant demon of greed and ego. You will feel something. The war inside you will be over and the lion will lie down with the lamb. The mind and the heart will meet and agree. Then you will be in the inner land of Vrindaban, the true Ganges of your bloodstream will flow freely carrying Truth to all parts of your being. You are not the Creator. You are a part of the creation. This makes you a part of the Creator and the creation. How can you be without the real prayer for even one moment?

47. Some have heard Dadaji say Ram, Ram or Jai Ram. This is His name. This all you can do as recognition or a greeting to Truth. Mahanam is automatic it cannot be done by the mind.

Ramanama, or the Name of Ram must also be taken from the heart. This is very difficult to attain in adoration and faith. This is also the unseen power. Many medical doctors who have come to Dadaji now treat patients with the chanting of Ramanama. If they could, they should tell the patient to say Ram Ram; this will do more than to heal by medication. Taking His Name can help in any affliction, even the leaving of the body itself. To pass over with the Lord's Name on your lips to accompany you to the highest blessing.

I am not saying to sit parrot-like with mala or rosary beads repeating the Names of God. I am talking about revelation coming from the depths of your heart. He is saying "Invite me and I shall cure your ailment." Your only ailment is forgetting God. This Ram Nam is for the pure heart, not for self-indulgence, not for petitioning God to do something for you, but for saying "Lord, Thy Will be done."

There are many worshipers of Ram, many temples, statues and pictures. People say we need reminders, holy places, holy people, shrines. What happens if they think that only this is God. A business starts. Someone comes along and desecrates this holy place, and a war takes place. Dadaji is telling you God is not only One, God is everywhere, in everything, in everyone.

- 48. Why is cancer worse than heart attack? It is all action and reaction. A while back, tuberculosis was feared and spoken of as the worst disease; now it is not spoken of anymore. Cancer is the new dreaded killer. Scientists are kept busy finding the cause and cure. Soon they will find it, and then another even more dreaded disease will make itself known.
- 49. What is the answer, you have taken from Nature a natural body. You should try to feed it with natural food. Nature has provided food for all living creatures. Life feeds on life only. The eater and the eaten are the same entity in essence.

Diet has nothing to do with God. Think about what makes you feel good, and do that, not what someone tells you will lead to God awareness.

Feed the body pure things and you will have health. Feed the mind pure thoughts of Him, you will eventually have a pure mind. Nothing is holy and nothing is unholy. Diet has no connection with the Supreme Lord.

- 50. Is the mind trustworthy? If you cannot trust your own mind, how can you trust others? People mean well but the nature of the mind is not trustworthy. A snake or a lion is more trustworthy. They will never fool you by saying one thing and doing another.
- 51. Make it your first duty each day to remember Him. Let it be that you won't know whether you remembered Him or He has remembered you. After a while, It will be One. Only He is the One. All human beings, irrespective of their social class and color, are His children. He provides for the needs of everyone and everything. Try to use your God given brain in right and earnest performance of your duties that come up.
- 52. Dadaji says your work itself is devotion. In your work, job, business, you should try like Dadaji to love everybody, to cultivate humanity, cooperation and Truth. You should not be interested in your self-interest alone, but also in that of our brothers and sisters. Remember that most troubles and problems are in separation from God and each other. In separation is bondage, in union is freedom. "God's will must be suffered" means God's will must be accepted. Don't fight destiny. You will thereby only lose and be crushed by frustration of frustrations.

- 53. It is alright for you to disagree with one another about worldly matters. About Him you should never argue or debate. In your disagreements let there be no sharpness or bitterness and revenge.
- 54. How can anyone know God's Universal Law how it works. Some say God created the Law and doesn't interfere. In this way they justify flood, famine, typhoon and earthquake as being acts of natural forces of the earth. Others say that it is an act of God, that it is a message of God's retribution for the evil behavior of mankind.

The greatest scientist and the greatest scholar of the Scriptures are blind and deaf in trying to explain an act of God, or an act of Nature. No one knows anything. He rules in every tiny detail of life. A blade of grass cannot blow in the wind without Him; your every breath depends upon Him. There is no list of what He does and what you do. It is not partial but complete. He is the Law Giver, the Law and the Experience. One, He is Truth, Love, Law and Interference itself.

- 55. A newspaper in America printed a headline, "Dadaji never speaks harshly about a person, only about what that person is doing in the name of God and Truth. They are all my brothers and sisters. I wish them no harm. I speak out only against the only evil, the only sin, of making claim to be God. At this time, when the Truth is once again established, the old superstitions about God must be left behind.
- 56. When you say I do not know Him and at the same time you say, I cannot say I know Him not, and then alone you know Him. It is not the one who says I know, or the one that says I know not, that is the Lover of Truth.
- 57. Through thought (mind) He comes to those beyond thought. He does not come to those who think they can know Him by mental gymnastics and good deeds.

Righteous leads you into darkness. Knowledge may lead you even deeper into darkness.

Those who follow knowledge and right action, while understanding the law of action and reaction and loving Him, only they overcome death and come to Him.

He may be unknown to the learned and known to the simple.

He should be known in the quiet of the mountains, as the quiet of the mountains; and the noise in the city, as the noise in the city. Do not shut Him out by meditation or hypnotism in any form.

For those that know Him, there is Light of the Son of Truth. Only with the Grace of Satyanarayan is it possible to see this Light that shines even in the deepest dungeon of darkness.

- 58. God is a difficult but loving taskmaster. You will have to do your work, bear your destiny. He is always with you, at you beck and call but on His terms, not yours. You cannot escape the Supreme God of Truth: He is with you when you go to sleep, while you are sleeping and when you awaken, whether in the body or not.
- 59. One cannot obtain what is called perfection while in the body. In the body, one needs ego to live and function. If you touch a moment of no desire or a cessation of the appetites of the flesh, then the ego disappears for a moment, then you will feel something.
- 60. Worldly love is fickle and undependable. The Goddess Kali Ma who is also He, gives birth to your body, senses and takes them away. If you do not love and worship Her but merely love with the body, anybody, somebody, She will recede from you and you will feel your heart being broken and torn out of your life.

You will go from body to body until you realize that you cannot give your heart to anyone but the Mother God, your Father God.

61. His justice is perfect. His Will is perfect. There is no injustice, it is all in justice. All debts must be paid. Our wishes would lead to a life of foolish desires and imperfect choices. Do not listen to the beggars who claim to have come ill in His Name. Did the messengers of Truth ever beg for cars, buildings, institutions or did they lead simple lives breaking bread with their brothers and sisters in the Holy Spirit. The less you need the less will be your greed. The lighter will be your burden and the more peaceful will be your sleep. More can never be enough. Enough is more than enough.

Try to remember Him. He is chanting in you, twenty four hours. Dadaji himself is suffering for mankind His whole life.

62. Scientists, through their instruments and intellectual effort, keep searching for the ultimate force in the Universe that holds all of it together. But, the Ultimate Entity is beyond science. We may call it Akash, or Pran, or Prem Love itself.

What is this Akash? This is one great mystery. Even the terms space and time do not apply here.

There is a saying the nature abhors a vacuum. This is correct to the extent that the manifest, the atmosphere, the air you breathe cannot exist in a vacuum. Also, it is correct that the atmosphere cannot exist without a vacuum. At the same time Nature abhors a vacuum, it also demands a vacuum. The air you breathe is not the Pran but its manifestation. The Pran is the ultimate subtlest energy or force which creates and holds the Universe. It is beyond the mind. In ancient times, this was known and it was the root of all the unexplainable mysteries of the past.

When this etheric energy is tapped, rather than diminishing, it increases. It is God Himself. Some people have been given a glimpse of this.

When all man-made systems and values have broken down, all the nuclear and oil energies have been depleted, Akashic energy will still be there. With its power you can travel faster than the speed of light. For it is Purush Himself. This Akash was there before creation and will always be, and it cannot be polluted in any way. I am giving you a glimpse of Creation.

Truth, Love is like this. It is the tree of life; the more you care for it, the more you can eat from it, the more it replenishes itself.

63. It will do you no good knowing how the worlds were created, destroyed and created again. It was His Wish. With Mahanam, He manifested as trhe land and then the waters and the sky to separate the planets and hold them in place. Then the fishes and animals and human beings to people His Leela (Divine Play). It was not an accident of nature. With a finite brain you can never comprehend the infinite plan of Creation or the Creator.

Would you trade all you have and all you are for a glimpse at the secret of life. The forms are many, but the informing spirit is One. Realize this Oneness.

64. Instead of using the body as a temple of God, you use it to indulge your appetites. Then you run to doctors, healers and finally to Dadaji to help you. Help for what? You want help so that you can continue abusing His temple.

Today there are more doctors, mode hospitals, and more medicine, more sickness and more disease than ever before. What is the use of healing if abuse is not corrected? Try to live a simple life. Enjoy everything, feed the senses a little bit when they cry out in hunger, never indulge them, unless you want them to act as spoiled children who are never satisfied.

65. Worldly marriage is a merging. It is meant to help both wife and husband come closer to God. It should be based on His love between husband and wife. It is possible; your Dadaji has shown you this with His own marriage with your

Boudi (Elder Brother's Wife). The wife is not the husband's slave, but they should be as companions and helpmates to one another, each with their duties.

Man and woman are one. The soul in both is the same. Both have the same feelings and senses. Each should compliment, not compete with, the other. Through ignorance man has dominated woman for ages. This was the work of those who misunderstood Scriptures that said female is lesser and must be controlled.

This female is the mind, the senses, not woman. Try to love one another as Dadaji loves you. Take His Name together and bow down to Him in each other.

66. Dadaji has not come to make sure that you are comfortable with the Truth. When you have to go through change, naturally you must suffer and you will be uncomfortable. It is like you have been shot with an arrow and the doctor is sent for. The doctor arrives but you won't let him take out the arrow until you know the doctor's name, what school he attended, his family background, age and birthplace.

Then you want to know his race, marital status, what kind of bow was used, what kind of arrow and who shot the arrow, before you permit the doctor to treat you. Your mind's distrust will let you die while doing your tests.

So it is with many who come to Dadaji for Truth. First they want Dadaji to pass so many tests, to know who He is, before they accept the Truth.

Dadaji has not come to do away with what you call birth and death, woe and happiness. Dadaji can do nothing. The Supreme Father does everything. He has not come to do away with life or the world, but to help you bear your destiny and to know the Truth. He has come to show you that to paint a beautiful picture is nice, also to wash the dishes and clean your house is nice. His love is a living reality, not a vague philosophical concept or theology. That you exist, walk, talk, feel, is proof enough of His Love. When you are in a deep sleep, who looks after you?

67. Before Dadaji you are naked; He does not care for your fame and wealth. Everyone is afraid of losing their possessions. They want to bathe in the pool of love. The water is so inviting but they are afraid to undress for fear that their clothes will be stolen.

People today are building survival centers in mountains and deserts, away from the cities in the fear of the coming destruction of civilization. They are arming themselves with weapons, storing up food in hopes of surviving.

They do not understand the only survival center is within. They themselves are the survival centers wherever they may be. Awareness of Mahanam is all they need to be armed with.

68. Are you a lover of Truth or seeking an easier way of life?

If you have been gifted with great riches remain simple;

If you have been gifted with great strength remain gentle;

If you have been gifted with great wisdom remain unknowing;

If you have been gifted with great beauty remain plain.

69. Although appears to be prohibitions and remedies, do's and don'ts, there is only one do, remember Him and one don't, don't forget Him.

Sometimes it is clear inside and formless outside. Sometimes it is confused within and without. This is because there is still an inside and outside. Everything that is, is within.

Remember your plan can always be revised. God's [plan cannot be revised. Oneness always prevails.

70. Only those that know God are content with the content of their lives. Nobody is happy. The rich are discontent. The poor are discontent. The poor wish to be rich and the rich wish to be richer.

If you want to be happy, the responsibilities you have towards others should be remembered and fulfilled. The responsibilities other have towards you, you should forget. This is letting go of expectation. All is filled with expectation and disappointment. Remember though that there is little difference between cheating someone and permitting them to cheat you. This is creating destiny. When you see the Oneness and the mind does not recognize anything but Him, there is no cheating, no cheater and no cheated.

71. There is a special joy in giving and sharing when the person doesn't know the giver. Then there is no need for the reward of appreciation.

Often someone goes to great trouble to select a gift for Dadaji. They come before Him laden with expectation that He Himself will wear it, use it, and eat it. Immediately Dadaji gives it away, before them, to the first person He sees. Dadaji sees the surprise and disappointment on the face of the gift giver. If you give a gift, the receiver of the gift should be free to do with it whatever they please.

Dadaji is not a worldly Guru who accepts gifts of money, silks, gold and jewels.

72. You always see the Truth in fragments, also from different angles of vision. Devotion to Truth is the sole reason for your existence. All your work should be centered in Truth. Each breath, each heartbeat should be Truth. When this stage is reached, all other rules of proper living will come without effort. It will be enough to live one day at a time. You will have no need of guarantees or to see into the future.

Without an awareness of Truth, when the first Commandment, to love God with all your mind, heart and soul, and to place nothing before Him, is not obeyed, then it will be impossible to observe any proper way of life.

Some come to Dadaji and say;

- "The truth is, I need money."
- "The truth is, she doesn't love me anymore."
- "The truth is, I need a better house."

These are worldly affairs, action and reaction. Everyone gets exactly what is coming to them, not more and not less either. Don't bother hankering after things. Truth can never be a lie.

73. Your duty is in living up to the Truth as you see it, in love. Do not be violent to yourself or others in thought or action except when duty calls for it. Just keep trying, that is all you can do till you know you can do nothing. Take His Name, feel the Mahanam. When you are ready to change, not just pretending to be ready, He will know. You cannot even remember Him without His Will. He has inscrutable ways to make you remember when the time is ripe.

Truth is not so easy. If the price was cheap and it was all fun and games, it would be worthless. You must love Truth even if the heavens fall in on you. Yet Truth is the easiest and the greatest joy – beyond mere logic and understanding

74. There are principles of Truth which you must not compromise, even if you must give your life for them. Once you compromise these principles of Truth, you are denying God, you are finished. Once you look the other way to make it easy for the moment, you have lost your character.

Most people do not understand Dadaji about this matter. Their interpretation is of worldly principles, about having their own way about things. They are willing to run away and give up their marriage, even their lives, not to bend or compromise their ego and see it the other person's way. This is not the Truth I speak of. Try to love another as He loves you; in Him, only in Him, is there enough love to solve everything you call a problem

75. What you call a problem is simply a situation that is not the way you like it to be. Instead of feeding the situation by thinking and talking about it and creating a monster, take the Lord's Name – Ram Ram.

Even though everything seems to be going wrong for you and for the world, take God's Name. If you are Truthful with yourself, no matter what is going on, it is alright. If you are not truthful with yourself, even if the outer experience seems alright, it is not. This is called hypocrisy. This is the only stage at which you cannot enjoy God's Kingdom of Truth. What good to gain the world, if you lose your soul.

- 76. Be a lover of Truth. Be of good cheer. Rely solely on God. Let one step at a time be enough for you. Do not worry about the future. The next step will be made clear for you, when the time comes for it. Your mind can only handle a little at a time.
- 77. Don't worry so much about your rights. Instead do your duty. If you do your duty properly, there will be no question of your rights.

If you shirk your duty, then you will always be crying to Dadaji, "it is not fair". It is not right, always crying for your rights. Do the work assigned to you and leave the fruit to Me. Action is duty, fruit is the right.

- 78. When Dadaji says "Isn't she beautiful?" Dadaji is not speaking of the exterior shape or form. He is speaking of the Love of truth shining from the soul. This is the True Beauty. Dadaji sees beauty where others see a crooked tooth or a long nose. Where others see sensual beauty, Dadaji may see an ugly ego. Yet it is all Him, but with discrimination you can determine what is lasting joy and temporary pleasure.
- 79. Dadaji is always speaking to you in mind and beyond mind, in absolute sense and the relative sense. He speaks to you of what is, and of the ideal that is possible with Him.

A person can do nothing. Everything is false. The topmost scientists come before Dadaji and they admit they can do nothing, they know nothing without Him.

80. There will be no need in years to come, after this body is gone, for anyone to write books about Dadaji.

Those who did not know Dadaji should not dare to write commentary that He meant this or that, for their own purposes. No one should erect temples or organizations in His name. You yourself are His temple and organization.

81. Those of you who love Him should not come together for the purpose of having pity parties of crying and gossiping. Instead gather in His Name and speak of God' Grace, Greatness and Love.

No need for fortune telling of any kind, they have no connection with Him. This is an entertainment that may lead to confusion. Dadaji has brought you the Science of the Divine, why settle for less than the Supreme Authority of the Universe.

82. When you are a child you usually learn that telling the truth has no connection with whether or not you will be believed. Two people tell two different stories about the same thing. Maybe, they saw or felt it differently. The lie is the Maya, the illusion itself. When you told the truth you expected to be praised; perhaps, instead, you were punished, challenged and told you were lying; when you simply saw it differently, perhaps you saw beyond the Maya.

After a while you realized it really did not matter what you told people as long as it was what they wanted to hear. Then this became confused with Truth itself and confusion became the habit about Truth.

Maya is the ever changing Divine Play. Truth is the never changing eternal Integral Existence.

83. The real illusion or lie is that you think money, power, fame, better health is the answer to your happiness. Really you want Him, but are mistaking the lesser for the greater, the outer for the inner.

What need for all this meditation and spiritual gymnastics? No preparation is necessary or possible except to do your duty and remember Him. He will find you, you cannot hide. Do you think you can force things to happen the way you want by meditation, mind function, wishing, praying, and listening to stories about deities? This is childish.

Monks lock themselves in caves, monasteries and ashrams to pray to God. Praying to whom, for what? Isn't what they are doing itself a denial, being unwilling to cope with God's creation?

84. Some have an idea that there is a great eternal aim in life, but they are not aware of what it really is. They think that it might be becoming a monk or a missionary, or of giving away all their worldly possessions. So it is that they fall prey to the merchants of meditation and mantras who offer joy, the beyond, realization; eventually they find, no it was not that I sought after.

85. In the Maha Kali age, all the rogues, cheats, and scoundrels are doing business in His Name and are called Saints.

Those who do business in His Name will not know him for a millions of lifetimes to come. Even what you call good or charitable works have no connection with loving Him. Take Mahanam and do your duty. That is the only path.

86. You have come here as a guest for maybe one day, maybe one thousand years. Destiny itself has brought you into this birth. When you start thinking I'm doing, I have done good, I have done bad, this starts the action and reaction, the destiny. When you surrender, not your money to a guru or church, when you surrender to Him and know you can do nothing that is the end of reaction.

The destiny itself brings action and reaction. The reaction continues all the time, creating new action. Then you think I have done well, or I have made a mistake and a new reaction forms.

Very slowly, this is always changing. Destiny brings us together and takes us apart. Actually we cannot be separated. All is Oneness, everything depends on everything, knowing or unknowing. For existence all depends on the Supreme Absolute.

87. So many have come to say "Dadaji, I am not happy with the destiny. You change it for me. Tell me how to change it, and then I will be happy and not ask for anything else."

Just now one man phoned, his wife had stomach cancer and the doctors couldn't help her. I told him to give her a drop of Charanjal three times and wait a few days. Her cancer is gone. Now he tells Dadaji his brother also has cancer, that Dadaji should heal him.

Dadaji is not a physician, Dadaji can not do anything. If fate dictates that the Supreme does the work, it can only be done with true faith.

Taking vows or making deals with God will not help. Only by His Grace will the destiny change. Beware, change is only new destiny, it is not the end of destiny.

It is not your duty to understand why things happen the way they do. You are not expected to understand or agree with everyone and everything. It is not possible. When you feel confused, remember Mahanam.

88. When Dadaji says do your duty, so many, especially in the west ask "how do I know what is my duty?" To maintain yourself so as to be able to perform some service is your duty. If you are an employee you have a duty to the person

who pays you. If you employee someone, you have a duty to pay your worker for their services.

A husband has a duty to his wife and children A wife has a duty to her husband and children Children have a duty to parents.

Let the duty itself be done with love and affection taking Mahanam. It is difficult to remember Him in the daily bustle of activities, but important to try.

The main difficulties in life arise from not doing the duty properly. In the West there is confusion because everyone is fighting for the right to be equal and duty is forgotten.

Nature itself has assigned certain natural duties. A woman must bear the child and suckle it. All a man can do is support her, this is his duty.

Sometimes destiny may call you to perform above and beyond the call of duty. This also should be done willingly in love of Him.

When your age is advanced, and most worldly duties and senses are resting, it is easier to keep your mind on God.

Governments also have duties.

This Dadaji tells rich and poor, famous and unknown, great scholars and simple people, "DO YOUR DUTY AND TRY TO REMEMBER THAT HE LOVES AND NEVER FORGETS YOU."

89. What most call prayer, sitting in meditation, closing their eyes and acting like they are in ecstasy, Dadaji calls stupidity, ego, not ecstasy or bliss.

Doing your duty, taking Mahanam, surrendering to the One, this is true prayer. He is praying, how can you pray and for what shall you pray? He creates the flowers; you cut them and bring them in ego to a statue of stone, what foolishness. When you feel fear and you are confused, no need to lock yourself away for meditation. Take His Mahanam; know everything is more than alright. Be aware and beware of these signs in what you call your Puja or devotion: 1) Too much desire for the enjoyment of having visions, 2) too much self-assurance that you know the method or trick to bring about these visions, 3) the desire to teach others your method, and 4) that the visions have made you feel humble. All that you said to God and God said to you is absolute nonsense, counterfeit, mind function and no connection with Him. He is your life itself; everything is a vision of He.

90. If you are a lover of Truth, you also love the silence. It is with Him that you feel the silence. It may be in the woods or on a mountain, anywhere in nature. It may be in the home or office or market.

It is never by argument or wrestling with your mind or the mind of another. Those who have the least to say seem to talk the longest and the loudest. They keep shouting at death. Death itself is a friend, not an enemy. To know how to leave the body properly is to know how to live. It is always in the hands of the ONE who loves you far better, and knows you far better than you could ever know or love yourself.

For this alone, be thankful and adore Him, by taking Mahanam. What is blessing but being given the chance to try again with His Name from your heart on your lips.

91. Actually there are no paths to Him. Even what is called pleasure or joy, there is only one path, and that is the One itself.

One person says I want lasting joy, really he wants pleasure; one says I want pleasure and really wants His Joy, all want Him, knowing or unknowingly. Only, time, patience and the proper doing of your duty is necessary. Always, at least as much as possible, remember His Mahanam.

There is no need to hanker after anything, and there is no need to give away anything.

Dadaji can have billions but he cannot accept any money or gifts in the name of Truth. Dadaji cannot sponsor charity drives. Collecting money for the poor is the work of some people, it may be good, it may be bad, but it has no connection with Truth.

Truth cannot be for those who are lured by the glitter of wealth or fame in His Name. Not many hear the Truth and of those that hear only a few reach Him. Be careful to whom you speak of the Absolute Love, above all, never argue about Him. Beyond right and wrong is Mahanam, the Supreme Reality as your indwelling life.

- 92. When the mind no longer says my will be done or their will be done, but the heart feels His love and accepts whatever experience comes to them they are on the Path of Truth. Then the world becomes His Ashram. Then even the sadness and sorrow will become beautiful in the Glory and Grace of the Supreme Creator.
- 93. God does not get angry with you. Life itself keeps the balance sheet of action and reaction even.

It is very difficult to see what your action and reaction brings about in yourself and others. When you recognize it and want it to be different, then surely another set of actions and reactions will cause some degree of discontent. Always there will be some who are happy with you and others who are unhappy with you, most won't care. You must feel good about yourself.

The only way Dadaji can change your destiny is to show you how to end your destiny. Dadaji is not here to get you a better job, more money or heal the sick and diseased. Often, by his Will, these things occur, but that is never a question of positive thinking or negative thinking. He has permitted you to set certain patterns of behavior in your life. Now He is permitting you to see the Oneness. You can only know Him as He permits you to know Him.

Positive or negative thinking both create expectation, desire and disappointment.

Only in His Name is there joy. Then there is no question of positive or negative. Then even letting go of the body is beautiful.

94. Those who are Truth lovers also have a balanced mental heath. The body and the mind some days are steadier than others, you should not be concerned about this. The balanced person does not experience wide personality changes of up and down. There is more of a quality of predictability and consistency about them. People who love Him, and think well of themselves don't waste too much time and energy over every grey hair, wrinkle, ache or pain.

They have a good sense of feeling about duty and can accept whatever life brings to the doorstep of their experience. Even though they may cry or be hurt, they know it is destiny and His love will see them through. These people are the survivors, not the victims and have the ability to withstand all the jolts, cruelties and continue on in Truth.

95. Do you really want Truth, or do you want the fruits of life.

You can but do your duty and take Mahanam. Don't be so disturbed if the result has not come out the way you wanted it. You cannot possibly get more or less than He has willed for you.

Tied to results rather than duty, life is bondage. To simply do your duty, accept all that comes your way with discrimination of proper and improper behavior, that itself is Grace.

As Dadaji's work is to establish Truth once again in the world, so should you try to establish Truth in your life.

It is true that only He exists, this Truth controls all of your action and reaction. The difficulty arises when you delude yourself into thinking that you are the doer. Man can do nothing, but sit in His lap and hear His loving song. No need to take credit for your success and blame God for your failure. Live with His Name on your lips. When you have come to the limit and can go no further, listen to Him chanting Mahanam within the recesses of your heart: Gopal Govinda, Gopal Govinda.

- 96. Everyone wants peace, but to everyone peace means something different. What they think will bring them peace will only be a momentary truce in the war raging between mind and heart. The mind wants to rule the heart trying to shout louder than the Mahanam. Permanent peace is not possible in this body, as long as you are asking for it. When you put down the weapons of the mind and surrender to Mahanam within you, you will feel peace amidst all the strife of life you will no longer be seeking peace.
- 97. So many people all over the world crowd the temples, mosques, and churches, running to see the Saints, and shouting they want God.

They go to enjoy Him in the holy places, with the holy people doing Puja. This is all false, emotional, and full of egotistical mind function.

If you cannot enjoy Him in your everyday life, work, family, everything, you do not understand anything about Truth. What is the use sitting, singing adoration when you don't live in adoration. The Adorable One loves you always.

98. Dadaji, the toy shop operator, has come to collect your toys. Dadaji does not want to be worshiped, nor does He believe in religion, caste, nationalities, household deities, malas, meditation, Pranayama and all the other ego-centric ways of trying to find favor in the eyes of God and neighbors.

Try to be a Karma yogi. Do your work. Let the work itself be Him. While you are here in the mortal body, you must do some work. Try to make your work the devotion by always taking His Name and feeling Mahanam within.

99. Sometime you will have a moment of Oneness, you will feel something beyond mind. You may feel you are One with the Flower, the Fragrance, a child. When there is no ego, when there is no other, no separation of any kind, this is a Glimpse of Truth.

At this time you will know the Fragrance cannot be separated from the Fragrant. How than can the knower be known? No more questions, no more answers, One.

He who dwells in all beings; Who the beings do not know; Whose body all beings are –

He is your self, the Immortal Controller, from whom you receive the Mahanam.

100. There are not many ways to speak of the One. The One is the One and not a specific being.

This one, at the same time, is beyond the womb, in the womb, being born and already born at the same time.

The One is many, but remains One – all form, all faces, all names, yet beyond all this. The One is Love itself.

Love is the only answer.

Your Karma (work) is to do your Prarabdha (destiny). Destiny itself is suffering. Suffering is permitting His Will to be done.

You have come for repentance. Repentance means that you have another chance to rethink what you have been doing. Finally your mind will have to surrender and relinquish the illusion of doership. You will have to surrender to your destiny and try not to change it.

That will be the end of action and reaction, the end of destiny itself.

Thinking, I am doing or I have done creates the destiny. After God has accepted your surrender, because He Himself has brought it about, destiny can not touch you.

101. This Truth that Dadaji brings you is only for those few who are ready for crucifixion. By crucifixion, Dadaji means that ignorance and separation from Him is gone, put to death.

No more holy places, holy people; everything is holy – everything is spiritual. No more bother for Hanuman, Ganesha, Shiva, and Buddha. Why bother when the Supreme is within your self? Why go to a clerk, when the door to the managing director is open?

The clerk says "it is impossible". The managing director is empowered to make everything possible if it be His Will.

For those that have been crucified in His name, there is no need anymore for the great escape. He has caught you, you have caught Him.

A person was once willing to see the king. This person waited so long for someone to come open the gate to the palace that he grew old waiting. The gate was always open – with you, is the Master Key, the Mahanam, the key to life and death itself: Gopal Govinda.

102. When you know the Truth, you will have knowledge of the senses and the intellect. When you know the Truth, you will have knowledge of the Light, Purush, Mahanam, within the heart.

Then you will wander in the two worlds at the same time. The two will become One. You will seem to think and you will seem to move about in a dreamland.

You will be in the world, but not in the world. Then you will know that it is all He – you can do nothing. He Himself is:

Da-myata – Self Control Da-yadhvam – Compassion Da-tta – Charity

His voice is the thunder Da Da Da. The bridge between the limitation of time and space and the unlimited eternal is The Oneness.

This bridge can never be crossed by old age, good works, penances, religious practices, or death of a body itself; sorrow, doubt and hate or goodness can never accompany you across this bridge.

What is on the other side of this bridge is the Pure Supreme Absolute Spirit of Truth.

Only when it is by His Will, by His Grace, Dadaji can take you across this bridge, and the deaf can hear, the cancer disappears, the dead come to life. The breeze from across the bridge is the Aroma, Fragrance of the Divine.

Be careful, for once you have looked across the bridge with the real eye of Faith and have seen the Light; you will never be the same again. The Mahanam itself is Sat (Truth-Existence) – Chit (Consciousness) – Ananda (Bliss).

103. You will have to go through your particular experiences of home, wealth, poverty, sickness and health. Through the suffering you will be freed. Patience and Prem (Love). He is patient with you. His Love is the only answer.

When you insist on having it your way, it is tragic because He will always let you have it His own way.

The reaping and the sowing are the same except for Him. With Him the laws are temporarily suspended. Dadaji has shown you thousands and thousands of times in what you call miracle, manifestation and healing.

Try not to judge and find fault or be angry, you cannot be angry, only your ego is angry. Dadaji does not judge you and become angry with you.

Try to turn anger and judgment to loving Him. Take the Mahanam: Gopal Govinda. Just try, Dadaji will help you.

104. If it is going to happen, it will happen. Fate will find you. So there is no use in thinking you are running around searching for it. On the other hand, no use thinking you are running away from it. Have patience: timing is everything. Do not try to force destiny – it will force you back much harder and you will be put into great difficulty.

When you work for selfish reward and you get that reward, you will become selfish. You will wander along this path until you realize its futility. One sees with the mind's eye what is already in the mind.

You cannot see or understand how He works. Dadaji is the Greatest Mystery Himself. Very rarely is the work straight cut, although at times it appears to be.

It is impossible to understand how He works, how Fragrance is all over the world, experienced at the same time. It is as impossible as trying to drink all the waters of the earth.

The mind rules the body and thinks it is the doer. Of itself, the mind can never realize the True power, thus the confusion.

One must profess Supreme Love for God. Try to return it to Him, even though it is His Own Love. It is not enough to just love the unmanifested, try to love Him in others, especially those souls that seem so unlovable that they can't find any of His Love in themselves. This is the impersonal Pure Love I speak of, not falling in love with a person.

Remembering Him, taking His Mahanam is Love itself. If you are sick or suffering and blame it on God or ask relief from Him and it does not come, are you angry with Him?

God or good appears getting what you want. Devil or evil appears getting what you don't want. What is good today may be evil tomorrow. Try to realize you are the trustee of the body and destiny, not the owner. He does everything, only He is the Lover.

105. In times of fear and danger you thin k He is the does and pray for help. God is on your lips. When the danger disappears, so does God and once again you become the doer.

Dadaji knows a lady that asks God to keep sending her troubles for this is the only way she can remember Him.

Just remember, He is always with you, before birth, during birth, after birth.

Beware, I tell you, of those claiming to be guru; how can a person be guru and whisper mantra in your ear? How can His name be shouted over microphones in the streets? It is to be felt within.

The dollar yogis are all a bluff, all frauds and cheats – no matter how they disguise themselves.

Dadaji is telling you He is all-merciful. He, therefore, shows you the way, finally to merge with Him. You must deny the existence of any deities but the One God. He is number One priority, before money –family. He really cares for you so much. You are truly His beloved.

Would you think the Supreme Lover would leave you alone to do it yourself in your own way. Do you think He is sitting like a high priest you can run to when you get into trouble or beg forgiveness? Run to whom?

Today it is God, gurus and guns. Who are they afraid of, why the need for guns? Did Jesus, Nanak, Buddha have guns and bodyguards? They are all scoundrels, these new messiahs and prophets with their bank balances and institutions.. Even this is destiny.

It is not possible to isolate and separate yourself from your Self. Only by mind does this occur.

Forget rewards, life should not be measured by shapely body, money, position or a good sex life.

A peaceful heart is the greatest reward – with His name you will be the guru of your own life.

106. Dadaji was here before the beginning. All the religious mythology is a myth. It is all false, some kind of story.

I have come to earth in a mortal body for the purpose of Truth. I have seen all these cheats and rascals making a business of Him, so I have come again. They have even tried to exploit Dadaji, but it is not possible. The mind has created separation, and is itself Maya, illusion. Because of this Maya, it is not possible to have a classless, casteless, egoless society.

To Him we are all the same, no big no small.

This mortal body is an actor on the stage of the theater of life. One plays a king, one plays a beggar. When the curtain goes down, no more king, no more beggar. The next play, the king may be the beggar, and the beggar king.

The Maya is, when you so fix your attention to the role you are playing, you think you are a king or beggar forever. These are worldly roles, don't love them or hate them, embrace or attack them, yearn for or spurn them. When the curtain comes down you will be lost in darkness of your blindness.

Dadaji never tells you what role to play, but directs you how to play it properly. The only proper way is remembering He is the director, producer and actor. Dadaji has not come to bring a new system, new rules, laws and commandments. He doesn't care for politics.

From age to age the rules change, as they change from childhood to becoming an adult. Actually, you are all children of the One, Father and Mother.

God is One Humanity is One.

YOU HAVE ALL COME FROM THE Oneness. I am God – you are God – Everything is God. Only you do not have an eye to see. Accept that not only is God One, also He is number One in your life. See Him before the pain, pleasure, success and failure. Your first duty, first priority is to remember Him, Who is One, Who knows not about separation, yet makes provision for each and every need and even for everyone's greed.

107. You have been given the appearance of choice, but I tell you man has no power, man can do nothing.

How can a person be a guru. Guru itself means all the light and all the darkness. Those who are giving mantas are false scandals. You have come with the Maha Mantra, the Mahanam from birth. It can be only be revealed to you by the Guru within: Gopal Govinda.

108. The original sin, the original mind function, was the creation of good and evil. He does not care for good and evil. The only good is to remember Him, to try to love Him. The only evil is in forgetting. It is all destiny. You cannot change fate, you are powerless. Those who listen to Dadaji's advice are survivors and those who have no ear to hear are always victims.

After Dadaji you can change your attitude. So many come to me and say, "why should I spend so much time and energy working at something I don't enjoy, spending time with people I don't like pretending to be happy when I'm not." This is all correct. When you just remember it is all He and let it go from your mind with Mahanam, no matter what you do, where you are, who you are with, it will be alright. Otherwise you will never be happy with anything. Only this change of attitude will finish the work you have come to do.

109. Tantra, what is Tantra? Tantra is not copulation; it is not what you call sex. Your sex of the body can never be satisfying. Be careful about that sex too, you woill be put into trouble with sickness of the mind and body if you copulate with everyone that comes along.

Tantra is the merging, marriage agreement of the heart and mind. The oneness is when the Mahanam of your heart becomes the words of your mouth. No more masculine or feminine – One – This is Yoga, Union, this is the real Vrindavan.

110. Dadaji's message of Truth comes only in the last stages of life. He comes to you when you ready to bow down before your Self as He and accept your destiny.

Still you will find, while in your body and mind, that experience will range from loving affection, then all of a sudden, when you least expect it, life will seem to turn on you. You may still be feeling that you have been behaving properly, taking Mahanam and what happened? Be patient, you will be free of this. You will try not to have desire, but with this mind and body you have desire. It can be a kind of ego, never asking for anything. It is necessary to feed the appetites a little bit, for you have invited the desires while entering this world. When you come out of prison, you can no longer live as a slave to the senses of the mind. Your old life has been crucified and you have entered the Kingdom of Truth.

Salvation, realization is in the ordinary common everyday experience. Not id going off to the jungles or Himalayas or becoming a saint or a guru.

Don't worry about anything – about death of a body, you come and say "Dadaji, my husband has expired." Dadaji is laughing, at the same time crying for you, not your husband. Remember Him, do your duty, I will be with you eternally.

### 111. Dadaji has gifted you a guide to life.

To come to the Supreme, Who is already with you, there is no need to read scriptures. Prayers, Puja, donations and sacrifices cannot reach Him. They have

no connection with him. They are mind function. Try to return His Love. It is He Himself Who is trying. Enjoy Him.

Remember, He is, therefore, I am.

Dadaji has not come to confirm or deny your thoughts or behavior. In Truth you will either feel something or be baffled and frightened.

You can try to run away, try to destroy Truth, but It cannot be run away from, nor can It be destroyed.

The mind can ask at least as many questions as there are stars in the sky. "What is He? Where do we come from? By what power do we live? Where can we find rest and peace? Who rules over joys and sorrows? Shall we explore time and space? Shall we study the nature of things? Shall we look for the law of creation? Shall we study the law of action and reaction? Why do we suffer pleasure and pain? Where shall we find Truth? Where shall we find love?"

In the beginning was the Mahanam, nothing was created that was not created of the Mahanam. All that is, all that was, and all that shall be, and what is beyond eternity is already with you. Thus He is hidden in His creation. Mahanam is the only boat to take you across the sea of destiny. His love is the only answer, to free you from the bonds of destiny.

113. Dadaji will tell about the six questions asked at the feet of Truth (Satyanarayan) down through the Ages. The questions are always asked and only understood by those devotees filled with devotion to the Supreme Truth.

## First Question: From where did all created beings come?

The Creator has a spontaneous longing for the joy of creation. Mahanam was born and from this Mahanam matter and life came to be.

This was called the male and female, and from this all things and beings were produced.

Brother Sun is life, Sister moon is matter. All that is Prana, Life, is male and all that is Matter, both solid and subtle, is Prakriti, Nature, female, and carries the life.

Every place, at one time, the sun rays may be seen; on the other side of the earth, the moon. Both together not opposites, but merged in a marriage with the Oneness.

Time is the seasons of the year. Those who think the sun and the moon itself are the Supreme, doing devotions to Surya (Sun) and Chandra (Moon) live in both light and darkness.

Those who follow the light of the sun understanding the law of action and reaction constantly take human form in the light.

Those who hide in the shadows of the moon and the whirling of the mind are created in darkness again and again.

# Second Question: What are the powers that keep the union of a being and which of them is Supreme?

The powers are space, air, fire, water, earth, voice, mind, eye and ear. Those are the powers that light the lamps of life. They think that they are the foundation of life.

But life, the Supreme Life Giver, reminds them of their delusion constantly, and constantly they forget. Then Life, the Mahanam, leaves the body and they must follow and come to rest.

Then once again the powers understand and merge with the soul of life.

Life is the fire and lights the Sun, Life is the wind, the rain. Life is the earth. What is, what is not, and what is beyond eternity. On life and in Life all things have their being. He is the only Life.

Without the Supreme Power in the eye, you cannot see. Without the Supreme Power in the ear, you cannot hear. Without the Supreme Power within the mind, you cannot think.

# Third Question: How does life come to the body, sustain it, express itself and leave the body?

Life comes from the Spirit and takes Mahanam into the shadow garment of all former lives as destiny.

The Spirit commands a new bodily kingdom for the destiny to rule over. The Supreme Power of Life again rules over the lesser powers of the body. The Atman, the Supreme Spirit dwells in the sound of Mahanam, its vibration supplying the power for living. From this flow the channels of the Ganges (bloodstream) to feed all parts of the body.

The life combines in the light and darkness doing the good and evil of the mind and both are led again to rebirth.

When the fire of life is gone, the senses become absorbed in the mind and the last thoughts of the mind lead to the next experience of birth.

Those who know this, mourn not after their loved ones, for they know that they never die, but have life everlasting.

# Fourth Question: What powers sustain us in sleep when we do not see, hear or think?

When sleep comes, you do not see, do not hear, smell, taste, touch with the physical senses. You do not speak, receive or give, move about or enjoy the joy of love.

Still the fires of life are burning, they sleep not. In the dream state what has been heard is heard again, what has been seen is seen again, what has been felt in different places, far away regions of past return to the mind again. The mind sees all since the mind is all.

When the mind is overcome by the light beyond the mind, then the dreams are no longer seen. Joy, peace and perfect rest come to the.

# Fifth Question: What about the person whose mind is always resting in the awareness of Mahanam?

The Mahanam is the infinite and the finite, not two but two in One. In this consciousness there is no question of peace, birth or death. It is complete unknowing Faith.

If truly resting in the Oneness of Supreme Love, He may return in a body to be an example of steadiness and purity without destiny or fear, to brothers and sisters. He also can become free and blend with the Supreme Absolute beholding finally the spirit that indwells all beings of this world. This is Bhuma.

## Sixth Question: Where does the spirit of all reside?

The Spirit of Life, who gives life is there in your body. It is not connected to a physical organ. Only with the Will of that Spirit may you enter into or depart from the body.

114. Hold your head up high in faith, knowing God is your shelter. All fear is but a mistrust of His Love.

Fear of man? What man is there in this world, what king, can rival the King of Kings? With the King of the Universe you dwell for all time in truth.

What power is there in the world to rob you of your freedom? His freedom reaches the prisoner in the deepest, darkest dungeon.

Must you cling to this mortal body in fear of death, clutching like a miser his treasure? This soul of yours shall dine always at the Feast of Eternal Life.

All pain and death are but shadows of the mind that blows between you and Truth.

He is you Supreme courage to love, the courage to speak, to do, to suffer. His Will be done. Finally, He is the courage to leave all things or be left alone.

He alone is the giver of the Supreme Faith of Love, the Faith of Life, of Victory in defeats of the Power hidden in the frailness of beauty, of the dignity of pain that accepts hurt but refuses to return to it.

**GOPAL GOVINDA**